



"Every child is an artist. The problem is how to remain an artist once he grows up."

— Pablo Picasso

SASA COUNCIL

President:	Irene Oxley
Treasurer:	Mike Forrester
Secretary:	Louise van Wyk
Catering:	Avril Retief
Exhibitions Coordinator:	Raine Parsons
Newsletter:	Jared Petersen
Social Photographs:	Sandy Rogerson

FROM THE PRESIDENT



Happy New Year to all you wonderful members. May this be a creative and lucrative year for us all! We certainly had some fun in 2025 with new ideas and plenty of input from our members, thank you.

A FEW CHANGES TO COUNCIL

As you may or may not know, SASA has a constitution that we must uphold, any changes are voted on and written into the constitution. The constitution states that the PRESIDENT may hold the position for 3 years. I have now fulfilled that role. At this point a member of the council, preferably the Vice President who has worked alongside the president, would take over. HOWEVER, we currently have no Vice President, as she resigned in November.

I am prepared to stand once again as President, until such time that a council member, who has worked with the team and understands the operational logistics of the Society, is ready and confident to take over the reins.

If you feel you are well suited to this role, please let me know via an email and we will propose you to join the council.

AGM

This takes place in February of each year at our monthly members meeting.

The president gives a précis of the past year.

The present council is asked if they will stand for the New Year

Financials are explained by our Treasurer.

The council would appreciate as many members as possible to attend this meeting, in light of the information given above.

Workshops and Members meetings

We are always looking for fresh new ideas! If you have something you would like to learn more about and think your fellow members would benefit, do not hesitate to email me.

I look forward to seeing you on Thursday evening.

Irene
President

Thank you to our Patrons: Sam Nhlengethwa, Conrad Theys and Hayden Proud

DIARY

January	Tuesday	13	Hanging day and Opening for 2026 Merit Exhibition at Richard Crowie Hall at Kirstenbosch Botanical Garden. Delivery of paintings between 09:00 and 11:30 Opening at 18:30 for 19:00
January	Thursday	22	Closing of 2026 Merit Exhibition. Collection of artworks strictly between 15:00 and 17:00
January	Thursday	29	Monthly Members Meeting , 19:00 at the Cape Town Athenaeum, Newlands. Winners' Demo

UNLOCK A WORLD OF ART INSPIRATION WITH THE SASA LIBRARY!

Looking for fresh ideas, new techniques, or a spark to ignite your creativity? Dive into SASA's exclusive library, brimming with art books, DVDs, and international magazines imported especially for our members!

Your SASA membership gives you access to masterclass tutorials and global art trends. Our collection is packed with insightful, inspiring and beautifully curated publications to hone your skills or explore something new.

You can borrow two items per month, absolutely free. Visit the Library at our monthly meeting from 17:50 to 18:50. Arrive early, browse at leisure, and take home something wonderful to discover your next creative breakthrough.



Members are reminded that February is stocktake month for the library. Therefore all outstanding items must be returned this month.

If you have any queries regarding any aspect of the library, please contact: Audrey at audsinnes@hotmail.com

NEW MEMBERS



A warm welcome to our new and returning SASA Members and we hope to see you all very soon.

Ruth de Vantier Chowles – Kenilworth
 Almarie Williams – Rondebosch
 Kim Slater - Newlands
 Paula Kontominas – Gordon's Bay
 Alison Hughes – Claremont
 Hannah Jenkins – Constantia
 Stacey Richards – Cape Town
 Mercia Abrahams – Cape Town
 Karishma Ramsarup – Cape Farms
 Reagan Ramsarup – Cape Farms
 Peter Hager - Franschhoek

THE ITALIAN ARTSHOP
FOR ALL ARTISTS' PAINTS AND MATERIALS

Riverside Mall (Ground Floor)
Cnr Main & Belmont Road
Rondebosch 7700, Cape Town
TEL: 021 685 1877

The Italian Artshop

New stock has arrived!!!

Available in store or online

32" x 12" palette area

Max canvas size: 17" tall x any width

35.5" (90.2cm)

23.5" (59.7cm)

25" (63.5cm)

30" (76.2cm)

28" (71.1cm)

29.5" (74.9cm)

All SASA members get a 10% discount at The Italian Artshop

MONTHLY MEETINGS

SASA Monthly Meetings are held at the Athenaeum, Newlands, on the last Thursday of every month at 19:00. Entry is R10 for members and R20 for guests, which includes refreshments. We encourage you to attend and find out what's going on in your society and also connect with your fellow artists. There is always a regular informative demonstration, talk or competition scheduled for the evening.



Please continue to share news or images taken at any SASA event with us, so that we can make these available to all our members. For Instagram you can contact Sandy Rogerson (083 462 8103). For Facebook please contact Louise van Wyk at secretary@sasa-artists.co.za or Audrey Innes at audsinnes@hotmail.com

JOIN SASA

WHY?

- Two Members Exhibitions a year at Kirstenbosch Botanical Gardens and the annual Art in the Park festival at Rondebosch Park
- Three in-house competitions per year: Drawing and Sketchbook Competition, Life, Still Life and Land/Seascape Competition, Eleanor Palmer Competition
- Monthly newsletter sent via email
- Workshops at competitive rates
- Access to our well stocked library of art books, DVD's and magazines
- Being eligible to enter Selection in order to qualify for two further exhibitions at Kirstenbosch Botanical Gardens: Annual Exhibition and Merit Exhibition
- Monthly meetings which include demonstrations and talks by well-known artists
- Organised Plein Air outings
- Five weekly life drawing sessions a year
- Discounts on art supplies at selected Art Shops

HOW?

Follow the link below to complete the membership application form.

<https://www.sasa-artists.co.za/membership-sign-up/>

Pay the registration and joining fee, along with the membership fee for 2026 that applies to your circumstances (banking details on the web page) and submit your application. Our secretary Louise will contact you with more information within a few days.

IN MEMORIAM - BRIAN SUPER

It is with tremendous sadness that we received the news of the passing of Brian Super, partner of Master Fellow Laura Wenman.

From the many messages shared on Facebook, it is clear that Brian had a positive impact on so many people. His positive energy and resilience were an inspiration to many. Forming long-lasting friendships came naturally to him, and he was deeply loved and will be greatly missed.

Brian was always a joy to encounter at exhibition openings, and his warmth and presence will be fondly remembered.

Laura, from all of SASA, our deepest heartfelt condolences during this difficult time.



MEMBERSHIP FEES 2026

This is a friendly reminder that membership fees for 2026 were due at the end of December 2025.

If you have not yet paid your membership fees, please do so as soon as possible. Please note that members whose fees remain unpaid will be removed from the database and members list. This means you will no longer receive newsletters, event notifications, or member discounts at art shops, and you will not be eligible to participate in SASA workshops, exhibitions, or competitions.

Should your membership lapse and you wish to rejoin at a later stage, the R100 joining fee will be payable.

Once your membership fees have been received, you will be issued with a digital membership card via email from the secretary. If you have already paid and have not yet received your digital card, or if you are unsure whether your payment has been made, please contact Louise at secretary@sasa-artists.co.za



Membership Fees for 2026

Cape Town Membership

Main member: R495

1st additional family member: R370

Each subsequent additional family member: R330

Country / Student Membership

Main member: R395

1st additional family member: R295

Each subsequent additional family member: R265

Banking Details

Name: South African Society of Artists

Bank: Nedbank Constantia

Branch Code: 198765

Account Number: 1088 00 6981

Please use your name as the beneficiary reference.

LANDSCAPE PAINTING WORKSHOP



2026 MAY 1-3

**KAROO ART HOTEL BARRYDALE
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ACCOMMODATION | BREAKFAST | DINNER | TUITION

reservations@karooarthotel.co.za

donna@donnamckellar.co.za

PAINTING BACKLIT IN OIL, WORKSHOP WITH JOHANNEKE STRYDOM. 22 November 2025

Word of the Day: ENLIGHTENING!

SASA's final workshop for 2025 took place on 22 November, where Johanneke guided us through the art of painting a backlit subject. Her technique is wonderfully clear, direct, and often achievable in a single session. She emphasises a strong light and shadow composition, leaving finer details for the final stages.

A huge thank you to Johanneke for an inspiring, educational, and thoroughly enjoyable day of creativity!



27 NOVEMBER - ELEANOR PALMER COMPETITION AND END OF YEAR FUNCTION

SASA ended the year with the Eleanor Palmer Competition and End of Year Function on 27 November. The evening began with members voting for the artworks displayed along the walls, which were all entries from members of SASA.

On occasions like this one inevitably ponders the ethical dilemma of voting for a friend's work, one's own artwork, or simply and honestly voting for the piece that truly speaks to you. Many of those present commented on the exceptional standard of artworks this year.

Once all the votes had been cast, the voting slips were tallied in the boardroom while we got started on the group activity. The winners were announced later in the evening.

The winner was Johanneke Strydom with *Vibrato*, followed by Laura Wenman with *Scarred*, but *Still Here* in second place, and Haydee Breganski with *The Old Fisherman* in third.

Thank you to Italian Art Shop and The W'rite Shoppe for sponsoring the prizes or the competition.

Right (from top to bottom):

***Vibrato* by Johanneke Strydom**

The beautiful play on light enhances the soulful expression while the wispy lost edges focuses the viewer's attention to the subject. A well deserved win.

***Scarred But Still Here* by Laura Wenman**

Here the artist plays with subtle lighting, creating a sombre mood, but at the same time the subject is viewed from below, creating an atmosphere of strength by overcoming.

***The Old Fisherman* by Haydee Breganski**

A portrait of a typical fisherman, transporting the viewer to a predawn misty boat fishing trip, the cold biting ocean mist on the salty ocean breeze.



27 NOVEMBER - ELEANOR PALMER COMPETITION AND END OF YEAR FUNCTION

In addition to the competition, we also enjoyed a fun, interactive group activity. It gave us the opportunity to meet new members and reconnect with old friends seated at our tables. Each participant received a canvas and paints, sponsored by Dala, and was asked to express an idea randomly drawn from a hat.

To increase the interest factor, after a short period of time we were required to swap canvases with another artist at our table, who then added their own flair to the work. This process was repeated several times, and it quickly became clear that the original direction of many artworks had evolved or been completely redirected. Artists were challenged either to adapt and flow with the changes or attempt to guide the work back to its initial concept.

The paths these artworks took were often very different from how one would normally work. Some artists favour bright colours while others prefer darker palettes; suddenly, bright colours sparkled far more than usual through contrast. Similarly, the interaction between realism and abstraction generated new ideas and unexpected outcomes. Many artists found concepts emerging that they could later incorporate into their own practice.

Once again, the activity produced an extraordinary variety of work and sparked lively discussion afterwards about the artworks and how the experience differed from each artist's usual approach. There was also a shared sense that, as this was the final gathering of the year, no one was quite ready for the evening to end.



ART IN THE PARK - 15 NOVEMBER 2025 - REFLECTIONS OF A FIRST TIME EXHIBITOR

Art in the Park is a one-day event that allows artists from the various societies to display their artworks with the intention to sell to the local public.

To be more accurate though, this is far from a one-day event. For the artist, there is art that has been prepared weeks and even months in advance. Some artworks need to be mounted with backing board and professionally wrapped. Others need to be varnished or framed. Gazebos need to be prepared. Display setup needs to be thought out. Artist's labels have to be cut out, completed and attached. A delivery vehicle to transport all the equipment has to be sorted. A good night's sleep before the big day so that one may be bright and early to set up.

From the organiser's side there is the planning and organising, artists' bookings, arranging and verifying the food trucks, the logistics around the venue itself. In addition to running their stands, council members donate their time on the day to keep the day running smoothly.



ART IN THE PARK - 15 NOVEMBER 2025 - REFLECTIONS OF A FIRST TIME EXHIBITOR



Which brings us to November the 15th at Rondebosch Art in the Park. I waited for the day before Art in the Park to do everything. Hours into the night I realised I needed to choose: finish packaging the artworks or rest before waking up early. After I fell asleep and awoke at what felt like immediately afterwards, I had to pack my vehicle,

find something to use as a stand, borrow some camp chairs. Arriving at the park, I just managed to set up the gazebo when I had to do my part as traffic controller at the entry and exit gates. Making it back to my stand, I then started sucking some prices out of my thumb.

hen, lo and behold, the Doctor arrived. To be more specific, the Cape Doctor arrived, blowing in and trying to blow every stand out. He huffed and puffed as he is known to do. Despite the challenges the spirit of the event held and those attending did so with engagement and they were generous with conversation

This conversations had my creative mind turning as I considered the feedback I received by various persons. What they liked and why they liked and gravitated towards was something that sparked my own curiosity. It was an awesome time meeting people and speaking to various members as well as the local public.

I look forward to Art in the Park for 2026 and I will for sure start earlier and prepare more. As mentioned, choose my best pieces, get them packaged all professional-like. Get the gazebo sorted. Work out a way to display them better. Label and price them a week before the day. Have stories about how and why I was inspired to do each piece. Prepare myself to speak to the people browsing and, most of all, just have fun.

Article by
Jared Petersen



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"In the early twenty-first century, polyester (PET form) exhibits the best combination of properties and provides the most promising starting point to improve the performance of artists' canvas even though it has yet to match linen or cotton kinaesthetically or aesthetically."

"Conservation of Easel Paintings"
By Joyce Hill Stoner & Rebecca Rushfield



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YOUTUBE VIEWS: 5 Don'ts of Art Business, by Andrew Tischler



Andrew Tischler reveals five common pitfalls that hinder art careers. The video explores crucial steps to avoid these career killers, offering practical advice for artists at all levels. Learn how to maximize visibility and craft quality work.

https://youtu.be/IyUe_DP7u6U?si=_KjS22BnT7XGLSy

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PAINTING GROUPS WITH SPACE TO PAINT

THURSDAY: 10am to 1pm in Claremont (JP Duminy Hall). Easels, tables, and chairs are available. Bring own painting supplies and refreshments. For more information on the above, please contact Audrey: Cell: 076 5713 976 or email: audsinnes@hotmail.com

FRIDAY MORNING: Non-tutored Art Group at Peter Clarke Art Centre in Claremont. Enjoy a relaxed morning of painting or drawing with a friendly bunch of artists. For further details contact Dianne: Cell: 082 8955 122

MEMBERS' DISCOUNTS

Your 2025 membership card will allow you to claim a **10% discount** from:

- **ACF Bespoke Canvases**
- **Deckle Edge**, Salt River
- **ETH Canvas**, Woodstock
- **Brush and Canvas**, Claremont
- **Artland**, Diep River
- **The W'Write Shoppe**, Longbeach and Sun Valley Malls and Steenberg Village
- **Oxford Framing & Art Supplies**, Garden Centre and West Coast Mall.

Also a **5% discount** from:

- **Art Sauce**, Cape Town.
- **Loot.co.za**, on all sales of R250 or more. (use the coupon code)

Winsen's Canvases offer free delivery of their canvases from their factor in Johannesburg.

Please present your membership card, either digital or printed, to claim your discount.

Present your SASA Membership Card and receive a 10% discount on all art supplies purchased at The Write Shoppe.

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Your art supply store at
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All branches: 021-7857614

ART CLASSES

LAURA WENMAN MFSASA teaches drawing and oil painting technique classes for beginners to advanced students from her studio in Parklands on Tuesday mornings and Friday afternoons. Contact her at laurawenman@gmail.com

SONJA FRENZ FSASA runs workshops from her studio in Durbanville. Contact her at sonjafrenz@gmail.com for more information

LYN NORTHAM FSASA holds her 'beginner and/or get back to it' oil classes at the Newlands Scout Hall on Thursday mornings. Contact her at northamlyn@gmail.com

WYN ROSSOUW FSASA offers morning classes in the Bergvliet area, specialising in drawing and oil painting. Beginner's welcome! Contact her at wynrossouw@gmail.com

PENNY STEYNOR SFSASA holds watercolour classes during the week from a studio in Pinelands. Contact her at steynor@mweb.co.za

HELEN VAN STOLK FSASA offers workshops (online and live-experiential) for artists exploring intuitive expressive creativity. For more information, please email helenvstolk@gmail.com or visit <https://www.helenvanstolk.com>

VAL WATT FSASA holds monthly pastel workshops at her home studio in Pinelands – with different themes. Contact her on 081 010 8121 or at valbrownwatt@gmail.com

ELIZE BEZUIDENHOUT holds regular portrait workshops in her studio in Durbanville. For more information and to find out times, contact Elize at elize.artist@gmail.com

GLENDA CHAMBERS offers both morning and evening classes and regular workshops in watercolour and oil in the Blaauwberg area. You can contact her at gchambers@mweb.co.za

LESLEY CHARNOCK teaches oil painting workshops: portraits, still life, colour mixing and en plein air workshops in the winter months only (May to November). Contact her at lesleycharnock@gmail.com or on 082 424 1033

SALOMÉ KRUGER offers drawing classes in Somerset West at the Helderberg Fine Art studios, Wednesday mornings from 09:00 to 12:00. For more information contact her on 072 591 2667 or at smkruger@mweb.co.za



MARCELLE LYONS holds oil and watercolour classes, workshops and courses in the Girl Guide Hall, Alma Road, Rosebank on Monday mornings. Contact her at marcelle.lyons@gmail.com

JOANNE MCGILVRAY holds sculpture classes in Kalk Bay for any hand built ceramic pieces, including sculptures, functional art and decorative clay work. 6-week modules, maximum 4 students per class. Contact her on 082 443 3116 or at joanne.mcgilvray@gmail.com

LYNNE MENGE holds regular workshops and classes in acrylic in her studio in the Milnerton area. Contact her at lynne@adrenalyn.co.za

VICKI NORCLIFFE gives portrait classes working with any medium on Monday mornings and workshops throughout the year, always painting from a model from her studio. Contact +27761988678 or vickinorcliffart@gmail.com

LIZ PEARSON offers basic oil painting classes every Monday and Tuesday morning in the Kenilworth area. Please contact her at lizp@iafrica.com

INGE SEMPLE from January 2025 runs beginner and intermediate drawing, watercolour and oil classes at Peter Clarke Art Centre and workshops in other venues in Cape Town for Cornerstone Art Atelier. Inge can be contacted via www.ingesemple.com or 072 597 5375.

IZAK VOLLGRAAFF offers Tuesday evening art classes in the City Bowl and Saturday morning classes in Edgemead. Contact Izak at izakart@gmail.com or on 082 468 4794

KIM WATERMEYER (In The Zone) – light and airy studio in Plumstead. For fun, relaxed acrylic painting and mixed media lessons for beginners and intermediates. She also offers creative painting projects for those who want to join in. AM and PM classes. Contact her on 079 343 5953 or at www.kimwatermeyer.co.za/blog



FRAMERS



We have included a list of our members who offer framing services. If you would like your name added to this list, please email: secretary@sasa-artists.co.za

Artland Framing - Unit D8, Prime Park, Mocke Road, Diep River 7800 South Africa www.artland.co.za +27 83 265 7737 - From Concept to Conclusion. Wide range of framing options with personal service and professional workmanship.

Coralie Bradburn, Blaauwberg - Custom mountboard cutting. She has a computerised mount cutter, so all work is accurate and precise. Individual boards or bulk cuts, regular, v-groove, circular, oval and many more options. White and off-white boards always available: other colours can be ordered on request. 082 925 2416.

Mountain View Framing & Design - Shop 13, Platteklouf Shopping Centre. Bespoke framing of all artworks. Contact Pamela on 021 558 4863 or at mvframing@outlook.com Website: mountainviewframing-design.com

Village Framers - 58 Belvedere Road, Claremont. 021 683 8996 or 084 585 4535; info@villageframers.co.za, www.villageframers.co.za

Winsen's Canvases -Specialises in manufacturing custom-made artists' canvases and custom, hand-gilded frames, with the capability of re-stretching original artworks, including the stretching of canvas prints. Unit 3, Block C, Gallagher Corner, 23 Richard's Drive, Midrand. Free courier delivery nationwide. 011 315 0565; www.winsens.co.za

ADVERTISING RATES

All money earned from advertising goes towards the SASA Outreach Programme.

To advertise in the newsletter or send out an email to the SASA database, the rates for **Art-related** events are:

Newsletter: Full page **R260** Half page **R160** Quarter page **R95**

Email rates: Business or non-members advertising service or goods for profit **R250**.
Members advertising service or goods for profit **R200**.
This also includes a post on the SASA Facebook page.

Bookings Contact: secretary@sasa-artists.co.za

Please Like, Follow and Share the SASA Social Media Posts and Pages. Thank you.



<https://www.facebook.com/SASArtists>



<https://www.instagram.com/sasa.artists>

We are an affiliate member of the
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(SANAVA)



President: Irene Oxley president@sasa-artists.co.za

Secretary: Louise van Wyk 071 496 1029 secretary@sasa-artists.co.za

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