



“All true artists, whether they know it or not, create from a place of no-mind, from inner stillness.”

Eckhart Tolle

SASA COUNCIL

President:	Irene Oxley
Treasurer:	Mike Forrester
Secretary:	Louise van Wyk
Catering:	Avril Retief
Exhibitions Coordinator:	Raine Parsons
Newsletter:	Jared Petersen
Social Photographs:	Sandy Rogerson

FROM THE PRESIDENT

Hi to all you lovely talented artists.

I am honoured to have been your President for the past 3 years, having served on the SASA council for over 10 years.

It is a delicate balancing act trying to placate senior members and their expectations, whilst at the same time trying to advance SASA and keep it apace with modern trends in the world of art.

During my tenure we have gone through a lot of exciting, innovative additions and expansions to the society and its calendar.

The biggest I think, was introducing the electronic submission system to the 'Selection Event'. I know some of our members were unhappy about this but the Royal Academy of Art in London (founded in 1768), adopted this preliminary judging technique for its 246th Summer Exhibition in 2014 and it has become the accepted method in most other premier art competitions around the world, allowing Judges to dwell on entries and not make impulse decisions, based on fleeting glances of an artwork.

We also included, for our new members, a 'Newbies' competition. This was requested and voted to go ahead by your elected council. It allowed new members to enter a separate competition, as they felt they could not compete with our amazing established members work, whom they greatly aspire to.



Membership for the society has increased by 101. A positive growth sign that we are heading in the right direction and I hope SASA remains to do so in the future.

At the end of February it is time for me to bid you farewell, as our constitution (yes, we have one) states the President may only hold office for a maximum of 3 years, before stepping down.

Normally the Vice President would assume the role, however ours resigned in November and was not replaced, therefore this could not happen.

A vote for existing and new council members will be taken at the Annual General Meeting at the end of the month. PLEASE endeavour to attend and cast your vote.

To my fellow council members I would like to say thank you for your valued support.

None of my decisions over the years have been taken in isolation, the SASA council have voted on every subject put forward at our monthly meetings.

Thank you to our valued SASA members for your encouragement and ideas. I wish you well going forward.

I will still be around – although not quite as much. At least I will have time to do some unhurried painting!

Thank you SASA – it's been fun!

Irene

Thank you to our Patrons: Sam Nhlengethwa, Conrad Theys and Hayden Proud

DIARY

February	Thursday	26	Extraordinary Meeting , 18:45, at the Cape Town Athenaeum, Newlands. 30 days' notice sent out on 26 January 2026
February	Thursday	26	Annual General Meeting , 19:00, at the Cape Town Athenaeum, Newlands. 30 days' notice sent out on 26 January 2026
February	Thursday	26	Drawing and Sketchbook Competition , after AGM, at the Cape Town Athenaeum, Newlands. Details on page 6. Entries on the night from 18:00 until 18:40
April	Tuesday	07	First Members Exhibition 2026 , Hanging Day and Opening. More information on times, Conditions of Entry etc will follow in due course.

UNLOCK A WORLD OF ART INSPIRATION WITH THE SASA LIBRARY!

Looking for fresh ideas, new techniques, or a spark to ignite your creativity? Dive into SASA's exclusive library, brimming with art books, DVDs, and international magazines imported especially for our members!

Your SASA membership gives you access to masterclass tutorials and global art trends. Our collection is packed with insightful, inspiring and beautifully curated publications to hone your skills or explore something new.

You can borrow two items per month, absolutely free. Visit the Library at our monthly meeting from 17:50 to 18:50. Arrive early, browse at leisure, and take home something wonderful to discover your next creative breakthrough.

Members are reminded that February is stocktake month for the library. Should you have any library items in your possession, kindly get in touch with Audrey on sasalibrarian@gmail.com

If you have any queries regarding any aspect of the library, please contact: Audrey at audsinnes@hotmail.com



NEW MEMBERS



A warm welcome to our new and returning SASA Members. We hope to see you all very soon.

- Gretchen Ryan – Hout Bay
- Donna McKellar – Hout Bay
- Michael Crockett – Pinelands
- Elma Ross – Rosebank
- Carola Diantina – Rosebank
- Jeanine Beneke – Cape Town
- Lynda Murison – Muizenberg
- Ally Starodubtseva – Cape Town
- Charl Reineke – Sea Point
- Kina Joubert – Montagu
- Liza Grobler – Oudtshoorn
- Nicky Homann – Meadowridge
- Alison Hughes – Claremont
- Amanda vd Bergh – Rawsonville
- Janet Herr – Cape Town



WHATSAPP

Please ensure that you have the number **071 496 1029** saved as a contact on your phone in order to receive our broadcast messages.

Should you have the number saved to your phone and still don't receive WhatsApp reminders, please send a WhatsApp to this number and we will ensure that you are included in the broadcast group.

Please note: This number is not monitored permanently. Our main mode of communication is email. Should you need assistance, kindly email Louise on secretary@sasa-artists.co.za

To have your website or art social media page featured on the SASA website, email the link to Marietjie at mdutoit@mweb.co.za

MONTHLY MEETINGS

SASA Monthly Meetings are held at the Athenaeum, Newlands, on the last Thursday of every month at 19:00. Entry is R10 for members and R20 for guests, which includes refreshments. We encourage you to attend and find out what's going on in your society and also connect with your fellow artists. There is always a regular informative demonstration, talk or competition scheduled for the evening.



Please continue to share news or images taken at any SASA event with us, so that we can make these available to all our members. For Instagram you can contact Sandy Rogerson (083 462 8103). For Facebook please contact Louise van Wyk at secretary@sasa-artists.co.za or Audrey Innes at audsinnes@hotmail.com

INVITE A FRIEND TO JOIN SASA

WHY?

- Two Members Exhibitions a year at Kirstenbosch Botanical Gardens and the annual Art in the Park festival at Rondebosch Park
- Three in-house competitions per year: Drawing and Sketchbook Competition, Life, Still Life and Land/Seascape Competition, Eleanor Palmer Competition
- Monthly newsletter sent via email
- Workshops at competitive rates
- Access to our well stocked library of art books, DVD's and magazines
- Being eligible to enter Selection in order to qualify for two further exhibitions at Kirstenbosch Botanical Gardens: Annual Exhibition and Merit Exhibition
- Monthly meetings which include demonstrations and talks by well-known artists
- Organised Plein Air outings
- Five weekly life drawing sessions a year
- Discounts on art supplies at selected Art Shops

HOW?

Follow the link below to complete the membership application form.

<https://www.sasa-artists.co.za/membership-sign-up/>

Pay the registration and joining fee, along with the membership fee for 2026 that applies to your circumstances (banking details on the web page) and submit your application. Our secretary Louise will contact you with more information within a few days.

MEMBERSHIP FEES 2026



This is a friendly reminder that membership fees for 2026 were due at the end of December 2025.

If you have not yet paid your membership fees, please do so as soon as possible. Please note that members whose fees remain unpaid will become dormant on the database and members list. This means you will no longer receive newsletters, event notifications, or member discounts at art shops, and you will not be eligible to participate in SASA workshops, exhibitions, or competitions.

Should your membership lapse and you wish to rejoin at a later stage, the R100 joining fee will be payable.

Once your membership fees have been received, you will be issued with a digital membership card via email from the secretary. **If you have already paid and have not yet received your digital card, or if you are unsure whether your payment has been made, please contact Louise at secretary@sasa-artists.co.za**

Membership Fees for 2026

Cape Town Membership

Main member: R495

1st additional family member: R370

Each subsequent additional family member: R330

Country / Student Membership

Main member: R395

1st additional family member: R295

Each subsequent additional family member: R265

Banking Details

Name: South African Society of Artists

Bank: Nedbank Constantia

Branch Code: 198765

Account Number: 1088 00 6981

Please use your name as the beneficiary reference.

MEMBERS' MEETING - 29 JANUARY 2026: WINNERS' DEMO

On Thursday, 29 January 2025, our monthly Members' Meeting featured the much-anticipated Winners' Demo. Artists who won awards at the 2025 Selection Weekend demonstrated their techniques and shared insights into their creative processes. Members were thoroughly engaged and would happily have stayed the entire evening.

For new members especially, the experience must have been a delight. On entering the hall, each artist was already set up at their station. Lyn Horn demonstrated pastel techniques for those drawn to this medium, while Sunita Hansen shared her lino-printing process. Bronwen Schalkwyk offered guidance on watercolour, Mary McMillan showcased mixed media, Solly Gutman invited members to explore scratchboard, and Sonja Frenz demonstrated her charcoal experiments.

Lyn walked us through a pastel seascape, explaining the different hardnesses of pastels and how she cuts them to create fine lines. She demonstrated colour mixing directly on the surface and shared a memorable tip: using bread to erase pastel, as it lifts pigment particularly well.

Sunita had far more to share than time allowed. She explained how she transfers an image, tapes the lino to a firm surface to prevent warping, and works from light to dark, layering colours until the final print emerges.

Bronwen discussed the importance of transparency in watercolour, building colour gradually while keeping highlights clean and allowing the paper to show through. She also recommended mixing dark colours rather than using black straight from the tube.

Mary demonstrated her mixed-media process by first digitally simplifying her reference image. She then built up textured layers on the canvas, sketched the image in charcoal, and added further texture and depth with acrylic paint.

Solly explained his scratchboard technique, from transferring the image to carving it with specialised tools. He also showed how colour can be used selectively for impact and invited members to try scratching themselves, highlighting the medium's relaxing, meditative quality.

Sonja encouraged freedom and experimentation. By combining charcoal with water, using kneadable and electric erasers, and selectively erasing and

reworking areas, she transformed seemingly random marks into a convincing landscape—an almost magical process to witness.

The evening as a whole felt truly special, and it was perfectly rounded off by Averil's own brand of magic: a table of delicious snacks that everyone enjoyed.



MEMBERS' MEETING - 29 JANUARY 2026: WINNERS' DEMO



ANNUAL GENERAL MEETING AND DRAWING AND SKETCHBOOK COMPETITION - 26 FEBRUARY 2026

A reminder for our Annual General Meeting and Drawing and Sketchbook competition on 26 February 2026 at 19:00 at the Cape Town Athenaeum, Newlands.

All entries for the **Drawing and Sketchbook Competition** will be done on the night, from 18:00 until 18:40, due to the Extraordinary meeting which starts at 18:45. Late entries will not be allowed.

At the **AGM** all the news for the year and a report on the finances will be tabled at the meeting which is then followed by the drawing competition.

Detailed rules for the Drawing Competition

Please read these carefully to avoid disappointment:

- There is no theme for this competition. Bring your best monochrome (single-colour) drawing.
- Only drawing techniques are permitted, using one drawing medium in any one colour. For example, charcoal on paper or support (an unpainted surface). Any single drawing medium may be used, such as pencil or graphite or conté or pen and ink.
- No work containing brushwork or solvents will be allowed (eg watercolours or pastels diluted with turpentine are not permitted).
- Please ensure that your work is suitably mounted and ready for display. Work do not need to be framed.
- Your work should be a recent example.
- Only fully paid-up members present on the evening are eligible to vote.
- Only fully paid-up members present on the evening are allowed to enter the competition.
- Only one entry per member is allowed.
- There will only be one category for entries, with prizes awarded to the top three works chosen.

- Work that has been done in a class convened by an art teacher may not be submitted.
- Works previously entered in any SASA competition or exhibition may not be submitted.
- In view of copyright protection of photographic and other illustrative material, please remember when working from material that, in terms of intellectual property law, is not your own, you must have express written permission for it to be copied. Our standard copyright rules apply.
- Work submitted must be the original hand-made work and cannot be a photographic or electronic reproduction.

Please observe the spirit of the competition and abide by the rules.

Detailed rules for the Sketchbook Competition

There is no theme for this competition.

- Set your sketchbook at a favourite page to display to members for a separate vote.
- Please provide bulldog clips or similar stays to hold your sketchbook open at the appropriate page.
- Please provide a firm support to prop up the chosen page for viewing where necessary.

THE ITALIAN ARTSHOP
FOR ALL ARTISTS PAINTS AND MATERIALS

Riverside Mall (Ground Floor)
Cnr Main & Belmont Road
Rondebosch 7700, Cape Town
TEL: 021 685 1877

The Italian Artshop

New stock has arrived!!!

Available in store or online









**All SASA members
get a 10% discount at
The Italian Artshop**

MERIT EXHIBITION 2026 - 13 TO 22 JANUARY

SASA presented its 2026 Merit Exhibition at the beautiful Kirstenbosch Botanical Gardens from 13 to 22 January 2026. The exhibition was met with wonderful acclaim, with many visitors praising the exceptional standard of work on display. Heartfelt congratulations to all the talented artists who were invited to participate and make this exhibition such a memorable success!

The Opening night had the enchanting Jade Nair, Curator for Michaelis Galleries, who has made her mark in the art industry, has contributed to the wealth of exhibitions, digital archives, documentary films as well as book publications. Her research explores the enduring effects of colonialism and apartheid in South Africa, focusing on how these histories appear in material objects and labor practices. Her curatorial work centers on marginalised communities and their overlooked stories.

Sales at the exhibition totalled just over R91,000, with 48 artworks by 34 artists having been sold. The average price at which artworks were sold was R1,900.



MERIT EXHIBITION 2026 - 13 TO 22 JANUARY



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WHAT'S ON



info@rochestercontemporary.org

Call for Art: 6x6 — The International Small Art Phenomenon **Rochester Contemporary Art Center's** annual 6x6 exhibition is now accepting entries!

Artists of all ages and experience levels worldwide are invited to submit original 6" x 6" artworks. Participation is always free, and every entry is accepted. Proceeds support RoCo during a critical time for arts funding. Learn more at: www.roco6x6.org

Frederike Stokhuyzen

Solo exhibition

Oil paintings and watercolours

To be opened by Philip Todres

4 p.m. on Sunday 8th February 2026

Closes: 28th February 2026

Place: The Cape Gallery CC, 60 Church Street, Cape Town

Please RSVP by emailing, web@capegallery.co.za



2026 marks AAA's sixth exhibition and will be showcased at the Iziko Learning Centre at Groot Constantia wine estate from 7

February to 27 March

2026. The exhibition will

also feature a selection

of artwork by art

teacher and mentor

Marc Alexander.

Please RSVP by emailing,

web@capegallery.co.za.



"In the early twenty-first century, polyester (PET form) exhibits the best combination of properties and provides the most promising starting point to improve the performance of artists' canvas even though it has yet to match linen or cotton kinaesthetically or aesthetically."

"Conservation of Easel Paintings"
By Joyce Hill Stoner & Rebecca Rushfield



**And now it is here...
Introducing ACF Canvas!
Developed, designed and
manufactured in South Africa!**



YOUTUBE VIEWS: Good Abstract Art EXPLAINED: The Formula Nobody Talks About



Esther Franchuk Art share her thoughts in this short introductory video.

What makes abstract art good? I've been painting for most of my life—and abstract art has changed how I see the world.

In this video, I share the markers of strong abstract work, including composition, emotional depth, colour harmony, and the presence of mystery.

<https://www.youtube.com/watch?v=VptgrlwY9MI>

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PAINTING GROUPS WITH SPACE TO PAINT

THURSDAY: 10am to 1pm in Claremont (JP Duminy Hall). Easels, tables, and chairs are available. Bring own painting supplies and refreshments. For more information on the above, please contact Audrey: Cell: 076 5713 976 or email: audsinnes@hotmail.com

FRIDAY MORNING: Non-tutored Art Group at Peter Clarke Art Centre in Claremont. Enjoy a relaxed morning of painting or drawing with a friendly bunch of artists. For further details contact Dianne: Cell: 082 8955 122

MEMBERS' DISCOUNTS

Your 2025 membership card will allow you to claim a **10% discount** from:

- **ACF Bespoke Canvases**
- **Deckle Edge**, Salt River
- **ETH Canvas**, Woodstock
- **Artsavingsclub**, Claremont
- **Artland**, Diep River
- **The W'rite Shoppe**, Longbeach and Sun Valley Malls and Steenberg Village
- **Oxford Framing & Art Supplies**, Garden Centre and West Coast Mall.

Also a **5% discount** from:

- **Art Sauce**, Cape Town.
- **Loot.co.za**, on all sales of R250 or more. (use the coupon code)

Winsen's Canvases offer free delivery of their canvases from their factor in Johannesburg.

Please present your membership card, either digital or printed, to claim your discount.

Present your SASA Membership Card and receive a 10% discount on all art supplies purchased at The Write Shoppe.

THE W'RITE SHOPPE

Your art supply store at
LONGBEACH MALL
SUN VALLEY MALL
REDDAM AVE
 All branches: 021-7857614

ART CLASSES

LAURA WENMAN MFSASA teaches drawing and oil painting technique classes for beginners to advanced students from her studio in Parklands on Tuesday mornings and Friday afternoons. Contact her at laurawenman@gmail.com

SONJA FRENZ FSASA runs workshops from her studio in Durbanville. Contact her at sonjafrenz@gmail.com for more information

ANSCHEN FRIEDRICH FSASA holds her PanPastal introductory Workshop in Platteklouf. Contact her at info@artbyanschen.com

LYN NORTHAM FSASA holds her 'beginner and/or get back to it' oil classes at the Newlands Scout Hall on Thursday mornings. Contact her at northamlyn@gmail.com

WYN ROSSOUW FSASA offers morning classes in the Bergvliet area, specialising in drawing and oil painting. Beginner's welcome! Contact her at wynrossouw@gmail.com

PENNY STEYNOR SFSASA holds watercolour classes during the week from a studio in Pinelands. Contact her at steynor@mweb.co.za

HELEN VAN STOLK FSASA offers workshops (online and live-experiential) for artists exploring intuitive expressive

creativity. For more information, please email helenvstolk@gmail.com or visit <https://www.helenvstolk.com>

VAL WATT FSASA holds monthly pastel workshops at her home studio in Pinelands – with different themes. Contact her on 081 010 8121 or at valbrownwatt@gmail.com

ELIZE BEZUIDENHOUT holds regular portrait workshops in her studio in Durbanville. For more information and to find out times, contact Elize at elize.artist@gmail.com

GLENDA CHAMBERS offers both morning and evening classes and regular workshops in watercolour and oil in the Blaauwberg area. You can contact her at gchambers@mweb.co.za

LESLEY CHARNOCK teaches oil painting workshops: portraits, still life, colour mixing and en plein air workshops in the winter months only (May to November). Contact her at lesleycharnock@gmail.com or on 082 424 1033

SALOMÉ KRUGER offers drawing classes in Somerset West at the Helderberg Fine Art studios, Wednesday



mornings from 09:00 to 12:00. For more information contact her on 072 591 2667 or at

smkruger@mweb.co.za

MARCELLE LYONS holds oil and watercolour classes, workshops and courses in the Girl Guide Hall, Alma Road, Rosebank on Monday mornings. Contact her at marcelle.lyons@gmail.com

JOANNE MCGILVRAY holds sculpture classes in Kalk Bay for any hand built ceramic pieces, including sculptures, functional art and decorative clay work. 6-week modules, maximum 4 students per class. Contact her on 082 443 3116 or at joanne.mcgilvray@gmail.com

LYNNE MENGE holds regular workshops and classes in acrylic in her studio in the Milnerton area. Contact her at lynne@adrenalyn.co.za

VICKI NORCLIFFE gives portrait classes working with any medium on Monday mornings and workshops throughout the year, always painting from a model from her studio. Contact +27761988678 or vickinorcliffart@gmail.com

LIZ PEARSON offers basic oil painting classes every Monday and Tuesday morning in the Kenilworth area. Please contact her at lizp@iafrica.com

INGE SEMPLE from January 2025 runs beginner and intermediate drawing, watercolour and oil classes at Peter Clarke Art Centre and workshops in other venues in Cape Town for Cornerstone Art Atelier. Inge can be contacted via www.ingesemple.com or 072 597 5375.

IZAK VOLLGRAAFF offers Tuesday evening art classes in the City Bowl and Saturday morning classes in Edgemead. Contact Izak at izakart@gmail.com or on 082 468 4794

KIM WATERMEYER (In The Zone) – light and airy studio in Plumstead. For fun, relaxed acrylic painting and mixed media lessons for beginners and intermediates. She also offers creative painting projects for those who want to join in. AM and PM classes. Contact her on 079 343 5953 or at www.kimwatermeyer.co.za/blog



FRAMERS



We have included a list of our members who offer framing services. If you would like your name added to this list, please email: secretary@sasa-artists.co.za

Artland Framing - Unit D8, Prime Park, Mocke Road, Diep River 7800 South Africa www.artland.co.za +27 83 265 7737 - From Concept to Conclusion. Wide range of framing options with personal service and professional workmanship.

Coralie Bradburn, Blaauwberg - Custom mountboard cutting. She has a computerised mount cutter, so all work is accurate and precise. Individual boards or bulk cuts, regular, v-groove, circular, oval and many more options. White and off-white boards always available: other colours can be ordered on request. 082 925 2416.

Mountain View Framing & Design - Shop 13, Platteklouf Shopping Centre. Bespoke framing of all artworks. Contact Pamela on 021 558 4863 or at mvframing@outlook.com Website: mountainviewframing-design.com

Village Framers - 58 Belvedere Road, Claremont. 021 683 8996 or 084 585 4535; info@villageframers.co.za, www.villageframers.co.za

Winsen's Canvases -Specialises in manufacturing custom-made artists' canvases and custom, hand-gilded frames, with the capability of re-stretching original artworks, including the stretching of canvas prints. Unit 3, Block C, Gallagher Corner, 23 Richard's Drive, Midrand. Free courier delivery nationwide. 011 315 0565; www.winsens.co.za

ADVERTISING RATES

All money earned from advertising goes towards the SASA Outreach Programme.

To advertise in the newsletter or send out an email to the SASA database, the rates for **Art-related** events are:

Newsletter: Full page **R260** Half page **R160** Quarter page **R95**

Email rates: Business or non-members advertising service or goods for profit **R250**.
Members advertising service or goods for profit **R200**.
This also includes a post on the SASA Facebook page.

Bookings Contact: secretary@sasa-artists.co.za

Please Like, Follow and Share the SASA Social Media Posts and Pages. Thank you.



<https://www.facebook.com/SASArtists>



<https://www.instagram.com/sasa.artists>

We are an affiliate member of the
South African National Association for the Visual Arts
(SANAVA)



President: Irene Oxley president@sasa-artists.co.za

Secretary: Louise van Wyk 071 496 1029 secretary@sasa-artists.co.za

Treasurer: Mike Forrester 021 761 6357 treasurer@sasa-artists.co.za

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